



NBCHT Controlled Acts Policy

Controlled acts are activities that are considered to be potentially harmful if performed by unqualified persons. The 5 controlled acts established by the National Board For Colon Hydrotherapy are:

1. Communicating to the individual or his/her personal representative a diagnosis identifying a disease or disorder as the cause of symptoms of the individual in circumstances in which it is reasonably foreseeable that the individual or his/her personal representative will rely on the diagnosis.
2. Performing a procedure on tissue below the dermis.
3. Administering a substance by implant, injection or inhalation.
4. Putting any instrument, hand or finger into any orifice of the body, unless you are complying with the instruction of the referring physician; the guidelines of the manufacturer of your colon hydrotherapy equipment as approved by the FDA; or the directives from the authority of your city, county, state, or country ordinances.
5. Prescribing or dispensing a drug, or instructing an individual to stop their medication.