

## **NBCHT Scope of Practice Statement**

Each regulated health care profession has a scope of practice statement that describes in a general way what the profession does and the methods that it uses. The scope of practice is not protected in the sense that it does not prevent others from performing the same activities. Rather, it acknowledges the overlapping scope of practice of the health professions.

NBCHT Colon Hydrotherapy Scope of Practice

The practice of colon hydrotherapy is the introduction of warm, filtered and temperature regulated water into the colon, the waste is softened and loosened, resulting in evacuation through natural peristalsis. This is repeated several times during the session.